SWISS MEDITERRANEAN
HEALTHCARE & WELLNESS
A COMPLETE SERVICE
FOR YOUR HEALTH TRAVEL IN TICINO.

You can rely on the personal assistance and selected health care services of Ticino, the Swiss canton with a winning climate and Mediterranean flair.

MEDICAL
Offerings for check-ups, early detection, successful treatment of illness and rehabilitation.

MEDICAL WELLNESS
The perfect balance between the latest medical techniques and a relaxing atmosphere.

WELLNESS
Health concepts to maintain and enhance your well-being and beauty.
MEDICAL OFFERINGS FOR CHECK-UPS, EARLY DETECTION, SUCCESSFUL TREATMENT OF ILLNESS AND REHABILITATION

Only the best is good enough when it comes to check-ups, early detection, successful treatment of an illness or rehabilitation. Ticino boasts first-class medical care, excellent customer service and discretion, as well as a healthy Mediterranean climate that is unique in Switzerland.
MEDICAL WELLNESS
THE PERFECT BALANCE BETWEEN THE LATEST MEDICAL TECHNIQUES AND A RELAXING ATMOSPHERE

A holistic concept that combines nursing care and preventive care of the patient with medical, cosmetic and alternative treatments. A doctor supervises all treatments and regularly monitors the individual patient’s progress.

HEALTH SERVICES AT A GLANCE

- Medical Spa
- Anti-Aging
- Detoxification
- Anti-Stress-Packages
- Kids & teens
The holistic health concept of Ticino Health consists of individualised methods and treatments which enhance physical, mental or emotional well-being. Adopt a proactive approach to achieving your health objectives – in Ticino.

HEALTH SERVICES AT A GLANCE

- Relaxation & recuperation
- Beauty & care
- Fit & activ
- Lasting well-being
OUR SERVICES
A COMPLETE SERVICE

Ticino Health provides everything from one source: competent advice for planning your health trip, personalised offers with a provisional treatment plan, comprehensive complementary services and personal assistance on site. To ensure your complete satisfaction, we accompany you during your entire stay in Ticino.

PERSONAL ADVICE

The health goals you pursue during your stay in Ticino are important to us. Our motivated, medically trained team helps you choose the health care services suitable to you in Ticino and lends a sympathetic ear to your wishes and ideas.

INDIVIDUALISED OFFERING

It is important for us to fully understand your personal health care wishes. On this basis, and together with our Ticino health care and spa providers, we draw up a provisional treatment plan for you.
PERSONAL ASSISTANCE IN TICINO

Ticino Health looks after you from your arrival in Ticino to your departure – and beyond that. A personal assistant will welcome you in Ticino, accompany you to your appointments and treatments and attend to all language and organisational matters.

VIP-CONCIERGE

A special service offered by Ticino Health to public figures. Discretion and exclusivity in all areas is the ambition of the Ticino Health VIP Concierge Programme, which provides a personal VIP Concierge at your disposal around the clock.

COMPREHENSIVE COMPLEMENTARY SERVICES

We offer you all the necessary complementary services which will make your stay in Ticino as pleasant and as stress-free as possible. These include:

• Personal assistant and translator
• Organisation of your journey to and from Ticino from your home town
• Transfers in Ticino, for example transfer from the airport or hotel to the health care provider and back
• Organisation of overnight stays: clinics, hotels, holiday homes, holiday flats
• Extensive offerings for cultural, sporting and leisure activities
• Organisation of follow-up treatments and check-ups back home

We are happy to offer you all these complementary services tailored to your personal needs on request.
HOW DOES THIS WORK?

CONTACT US
Complete the contact form online at ticinohealth.ch or phone us on +41 (0)91 921 06 07. Describe your situation and wishes as clearly as possible. We are happy to advise you.

WE WILL THEN CONTACT YOU
In order to establish all the details of your request, we will phone you or contact you by e-mail, whichever you prefer.

ONE-OFF SERVICE FEE
Before we send you a personal offer, we kindly ask you to settle a one-off service fee of CHF 50 (€ 40).

CONFIRM THE OFFER AND MAKE THE PREPAYMENT
Take the time to look through your personal offer and then confirm it. Once we have received the prepayment for your personal offer, we will make all the organisational preparations for your stay in Ticino.

WELCOME TO TICINO
We will personally welcome you to Ticino and provide you with detailed information about your stay, your treatments and your complementary services.

TREATMENTS AND COMPLEMENTARY SERVICES
We accompany you to the many different appointments and are also on hand to help with any language requirements.

JOURNEY HOME AND FINAL INVOICE
Once you have arrived back home refreshed and relaxed, we will send you a transparent final invoice.
Ticino is the gateway to the south and delights visitors with its charm, Mediterranean lifestyle and Italian language. South of the Alps, the mild climate and impressive landscapes offer the best preconditions for a relaxing, health-enhancing stay.
FIRST-CLASS HEALTH SYSTEM

Ticino boasts an unusually high density of clinics and rehabilitation centres, and Switzerland is renowned for its pioneering medical services and outstanding treatment results.

WORLD-RENOWNED SPECIALISTS

Swiss doctors enjoy an excellent international reputation and are the world leaders in the research and development of innovative treatment methods.

MEDICAL TREATMENTS

During health trips to Ticino, the positive impact of traditional values in medical care quickly becomes obvious: you will experience precision, reliability, punctuality, friendliness, cleanliness and discretion.

THAT EXTRA SOMETHING TICINO HAS TO OFFER

Swiss precision in health care services coupled with Ticino hospitality and Mediterranean flair make Ticino a health care and spa destination that is truly unique.
EXCELLENT STAFF

The quality of nursing training in Switzerland is outstanding and patients benefit from the exceedingly high standards and the round-the-clock personal care.

Visit us at: ticinohealth.ch